ARAIS ARÍS!

UINHIR I NOLLAG 1990 LUACH 25p

Printed and produced by Carrick Foroige Club.

# CARRICK FORÓIGE CLUB.

This youth club meets once a week in the old school, Carrick and is made up of 23 members. The committee is made up of the following:

Chairman:

Gregory Doherty.

Secretary: Treasurer:

Brendan Byrne. Andrew Heekin.

P.R.O. :

Ciaran Ó Donnabháin.

The Club Leader is Colette Mc Devitt.

The word FORÓIGE is made up of two Irish words - Forbairt (development) and Óige (youth). Members of Foróige participate in many activities, including clean-ups, concerts, cake sales, discos, sports, projects and various charity events.

This newsletter has been undertaken as the main club project for this year. We hope to print it on a regular basis, so if you have any ideas on what we should include in it, or indeed, if you have any material you would like to see printed in it, it will be very welcome. Just get in touch with any of the above committee or the club leader.

EOROIGE CITIZENSHIP PROGRAMME.

This programme was first introduced in 1969 and has been sponsored since then by the E.S.B. The programme transforms the philosophy of the organisation into practical achievements by young people at local level.

Young people work to better their community and try to meet any needs within that community. It is estimated that 100,000 young people have participated in the programme since it's inception in 1969. These young people, assisted by their adult voluntary leaders, have made a difference to themselves and to Irish society.

On Friday, 30th November, Carrick Forôige was presented with a Citizenship certificate at a function in Newtowncunningham. It was one of a number of clubs who received certificates that night, in respect of community projects carried out during the year.

Those who travelled participated in a table quiz and one of our teams -'Carrick Celtic', came third out of sixteen teams. Congrats. lads! After the quiz, a disco was held, which was enjoyed by all! Thanks to our bus driver Joseph Haughey, who had to endure the singing(?) on the way home! I'm sure he can't wait for the next club outing!!!!



## GLENCOLNCILLE FAS TEAMWORK SCHEME.

This scheme, which has been running since early November, is based in the Folk Museum and is made up of ten trainees and two supervisors. The group is undertaking research in a number of areas, the main projects being the compilation of the life history of Father Mc Dyer; and a Proud History of Ireland, in which research will be carried out on Irish people, who, by their inventions or talents have earned themselves a place in history. The team members welcome any information which people may have what would help them in their work. It is hoped to put the end result on public display at the Folk Museum when completed.

The team members are: Maeve Connolly, Mary Connolly, Teresa Cunningham, Matthew Erskine, Sinead Gillespie, Eithne Mc Devitt, Ian Mc Guire, Una Ni Dhonnabháin, Gráinne O'Gara, Pauline O'Gara.

The supervisors are Paddy O'Donnell and Colette Mc Devitt.

#### THE SCHOOLS COLLECTION.

In the early 1930's the Irish Folklore Commission prepared a booklet which was circulated to every National school in the country. The aim of this was to encourage the schools to become involved in the nationwide collection of folklore, as it was felt that many of our traditions and customs were on the point of extinction. The Folklore Commission appealed to schools to participate in rescuing these from oblivion and senior classes were invited to collect stories, songs, traditions and the like from their families and friends. In the Glencolmcille parish nine national schools participated in the project and a wealth of material was collected. This is now bound in three large volumes in the Folklore Department at University College Dublin. The following is only a small sample of the material which was collected and is rewritten here in the exact form as it was written by the children themselves. All material received from the schools in this parish was written in Irish.

### SCOIL - AN CHARRAIG. COMHORTAISI:

- 1. Comh dearg le fuil.
- 2. Comh geal le canach a' t-sléibhte.
- 3. Comh gorm leis an speir.
- 4. Comh caol le cat.
- 5. Comh domhain le tobar.

SEAN - FHOCLA AGUS SEAN CHAINNT:

- 1. Na trí nidh is roighne bean, cat 's caora.
- 2. Sionnach i gcraiceann na caorach. SCOIL - TEILEANN.

SLIABH LIAG.

A Shliabh Liag mo ghrádh Nach tú atá gan crádh? Ann do luighe go suaimhneach cois fairrge Ins an oidche go mall Cluinim scairt na nGall Ag seoladh a mbádaí go hEirinn.

2.

Is tu an Sliabh is mó Ar a bhfuil cliú ar fad an domhain Ar do áilreacht is uaisleacht gan amhras. Nuair a dhearcaim ort gach neoin Faoi cheo an spéir mhóir Thig mearblan ann mo cheann ag amharc ort.

3.

Ta na caoraigh ar do bharr Mar bheadh duilleogaí ar chrann Ag inigilt go suaimhneach sóghach Ta na sidheogaí ins na poill Agus an gearrfhiadh gan mhoill 'Gus na crainn ag cromadh a gceann romhat. (Seaghan Mac Seaghan) SCOIL - SLIABH LIAG TOMHAISEANNA:

 Is fuil 's feol a d'fhás sé Ní fuil, ní feol, na cnámh é, Baintear a ceann de, Agus ólann sé deoch, Agus gnídh sé réidhteach Idir caraid is namhaid.

Freagra - Peann Cleit.

2. Rith mé agus fuair mé
D'amharc mé agus ní bhfuair mé
Da bhfuighinn, caithfinn uaim é,
'S nuair nár bhfuair thug mé liom é.

Freagra - Dealg in mo chos.
Beidh tuilleadh scéalta o na scoltacha eile ins an chéad éagran eile.

JOKES.

Have you heard about the Kerryman who thought that a KNIGHTHOOD was a cap for keeping his ears warm when he was asleep?

"Mulligan, why are you laughing if you've just swallowed your harmonica?" "I'm thinking how lucky I am that I wasn't playing the piano".

On a long bus journey, an old man was greatly irritated by the little girl sitting next to him who kept sniffing.

"Yes," she replied, "but my mum wouldn't like me to lend it to a stranger."

"You youngsters are soft and lazy nowadays. When I was your age I got up at six o' clock every morning and walked five or six miles before breakfast. I used to think nothing of it."

A charming young singer named Hannah, Got caught in a flood in Savannah; As she floated away, Her sister- they say, Accompanied her on the piannah!

There was an old man from Penzance, Who always wore sheet iron pants; He said, "Some years back, I sat on a tack,

And I'll never again take a chance!"

COOKERY CORNER: Ingredients: 6

SCALLOPED POTATOES DONEGAL

6 medium potatoes, washed and thinly sliced, but not peeled.

2 medium sliced onions.

3 tablespoons whole wheat flour.

1 teaspoon salt.

4 tablespoons butter.

½ teaspoon pepper.

2 cups milk.

Pre-heat oven to 350°. Arrange half of potatoes in greased baking dish. Cover with a layer of onions. Sprinkle with half combined flour, salt and pepper and dot with butter, repeat the process. Add just enough milk so it can be seen between top slices. Cover and bake at 350° for 30 minutes, remove cover and continue baking for about 30 minutes or until tender and browned.

SCHOOL SPORTS NEWS.

COUNTY SENIOR VOCATIONAL SCHOOLS FINAL.

GAOTH DOBHAIR EDGE THROUGH.

Carrick Vocational School 0 - 4 Pobal Scoil Gaoth Dobhair 0 - 5

On Wed. 28th Nov., Carrick Voc. School were narrowly defeated by Pobal Scoil Gaoth Dobhair on a poor playing surface in Glenfin, in front of a large crowd.

A point with 3 minutes remaining sealed this county senior vocational schools final for Gaoth Dobhair.

For long periods of this game Carrick dominated but failed to convert chances into scores. In a very close encounter there was never more than a point separating the sides. Gaoth Dobhair opened the scoring through a well taken point by Robert Mc Dowell. Carrick's reply came in the minth minute when Michael Cunningham left two defenders in his wake and shot from close range to level the sides. Both sides squandered scoring opportunities from the minth to the twentieth minute. In this period Carrick had a golden opportunity to score a goal when a long ball from Michael Cunningham dropped behind the Gaoth Dobhair defence. First to react was David Cannon who fetched brilliantly but with only the keeper to beat, anot wide. From the kickout Gaoth Dobhair launched an attack which yielded a free 25m from the Carrick goal. Patrick Gallagher stepped up to score his first point of the afternoon. Amidst confusion in the Gaoth Dobhair defence Gerry Carr snapped up possession and pointed from an acute angle to the delight of the Carrick following. This was the final score of a hard hitting first half.

Half-time score: Carriok 0-2, Gaoth Dobhair 0-2. Carrick were first again in act on in the second half, when in the first minute Michael Cunningham received a well-placed pass from younger brother Patrick, which he converted to give Carract the lead for the first time in the match. Gaoth Dobhair equalised oncemor through a long range point by Patrick Gallagher in the 10th minute. For the nex 2 minutes Carrick were on top with Michael Cunningham dominating a midfield but once more Carrick squandered many scoring opportunities. In the 22nd minute the deadlock was broken when once more Michael Cunningham went on a strong solo run and pointed from 40m to give Carrick their last score of the match. Two minutes later Patrick Gallagher once more pointed from a free on the right-hand side of the field to equalise the scores at 4 points all. With 3 minutes remaining Gaoth Dobhair received a controversial free 4 m from goal and Patrick Gallagher took the responsibility on his shoulders and with a magnificent kick scored the winning point. Carrick had a good chance in the final minute to equalise through Gerry Carr but he faile to convert a close range free from his hands into a score. Gaoth Dobhair were very relieved to hear the final whistle from the referee P.J. Mc Gowan. Char e Faulkner, the Chairman of the County Board presented the cup to Gaoth Dobhair captain Sean Diver.

Best for Carrick were; Michael Cunningham, Luke Hegarty and Kevin Mc Ginley, while best for Gaoth Dobhair were Patrick Gallagher, Sean Diver and Martin Coll.

#### CARRICK TEAM:

Michael Byrne, Patrick Curningham, Luke Hegarty, Kevin Mc Ginley, Shaun Mc Ginley, Finlay Mc Ivor, Gregory Doherty, Michael Cunningham, Stephen O' Byrne, Kieran O' Donnell, David Cannon, Pauric Gillespie, Gerry Carr, Sean Cannon, Conal Hegarty.

Subs. used were Conal Cunningham for Conal Hegarty, Shaun Conneely for Shaun Mc Ginley.